## Varroa mite monitoring alcohol wash

- 1. Collect ½ cup of bees (about 300 bees) into the jar.
- 2. Add isopropyl alcohol (35%-70%) to cover the bees.
- 3. Close the jar tightly with the solid lid and vigorously shake for 60 seconds.
- 4. Replace the solid lid with the mesh screen.
- 5. Pour alcohol and mites through the mesh into a clean container.
- 6. Repeat steps 2-5 for a second rinse.
- 7. Count the number of mites in the container.
- 8. For best accuracy, count the bees collected.

$$Varroa load = \frac{\# of \ varroa \ mites}{\# of \ bees}$$

